



ABBREVIATED SCALE FOR PARENTAL BEHAVIOUR

VERSION FOR PARENTS OF CHILDREN AGED 4 TO 18

NAME OF CHILD:

DATE OF BIRTH:

GENDER:

MALE

FEMALE

QUESTIONNAIRE COMPLETED ON:

PHASE OF TREATMENT:

QUESTIONNAIRE COMPLETED BY:

MOTHER

FATHER

STEPMOTHER

STEPFATHER

ADOPTIVE MOTHER

ADOPTIVE FATHER

FOSTER MOTHER

FOSTER FATHER

BOTH PARENTS

OTHER



Explanation

The following pages contain a number of statements about interaction with children. Read the statements carefully. For each statement indicate to what extent you interact with your child in a particular way.

For example:

"I read books together with my child"

Never or hardly ever

Not often

Sometimes

Often

Always or almost always

↓
1

↓
2

↓
3

↓
4

↓
5

For each statement, **circle** the answer you feel is most applicable. Do not spend too much time thinking about your answer. Your first impression is usually the best one. **There are no right or wrong answers.** If you think you have made a mistake, cross out the selected answer and select the right answer. Remember that your answer always applies to the same child. There may be some statements that make you think: 'I would like to do things differently'. In this case fill in what you actually do anyway. Please answer **all** statements. You may begin now.



VSOG - FOR PARENTS OF CHILDREN AGED 4 TO 18

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Never or hardly ever	Not often	Sometimes	Often	Always or almost always
↓	↓	↓	↓	↓

1	When my child wants to tell me something, I take the time to listen to him/her.	1	2	3	4	5
2	I teach my child to be polite in school.	1	2	3	4	5
3	When my child has not kept an agreement (for example: arriving home late without a good reason, not doing a task) I discipline him/her.	1	2	3	4	5
4	I reward my child with money or a gift if he/she has done something I am happy with.	1	2	3	4	5
5	If I think my child has a problem, I talk with him/her to find out what is wrong.	1	2	3	4	5
6	If my child talks back, lies or quarrels I discipline him/her.	1	2	3	4	5
7	I give my child a spanking if he/she disobeys.	1	2	3	4	5
8	I teach my child to keep agreements.	1	2	3	4	5
9	If my child has done his/her best, I become a little more lenient.	1	2	3	4	5
10	If my child has a problem, I look at the different solutions with him/her.	1	2	3	4	5
11	I give my child a slap if he/she has done something that is not allowed.	1	2	3	4	5
12	If my child has done something that is not allowed, I discipline him/her by withholding a privilege (for example: no TV, grounding).	1	2	3	4	5
13	I ask my child about his/her hobbies and interests.	1	2	3	4	5
14	I give my child a good shake when we argue.	1	2	3	4	5
15	I let my child buy something if he/she has done something good.	1	2	3	4	5
16	When my child returns home from school I take some time to be with him/her.	1	2	3	4	5
17	I give my child a compliment, a hug or a pat on the back when he/she has been good.	1	2	3	4	5
18	I slap my child in the face when he/she misbehaves.	1	2	3	4	5
19	I teach my child to abide by the rules at school.	1	2	3	4	5
20	If my child and I disagree I talk it out and look for a solution together with my child.	1	2	3	4	5
21	If my child does something that is not allowed, I discipline him/her.	1	2	3	4	5

	Never or hardly ever	Not often	Sometimes	Often	Always or almost always
	↓	↓	↓	↓	↓
22 I do activities together with my child because I know that my child enjoys doing this activity with me (for example: playing a board game, going shopping with me).	1	2	3	4	5
23 I give my child a spanking if he/she has not kept an agreement.	1	2	3	4	5
24 I make agreements with my child about taking good care of his/her things.	1	2	3	4	5
25 I make agreements with my child about how he/she should behave.	1	2	3	4	5

YOU HAVE COMPLETED THE QUESTIONNAIRE. THANK YOU FOR YOUR COOPERATION!