Explanations
This questionnaire consists of a number of statements about you, your family and the situation in which your family finds itself. Each statement has four possible answers with the following meaning:

1. "Not true"
2. "Somewhat true"
3. "Quite true"
4. "Very true"

For each statement, circle the answer you feel is most applicable. Do not spend too much time thinking about your answer. Your first impression is usually the best one. There are no right or wrong answers. If you think you have made a mistake, cross out the selected answer and select the right answer. Could you please answer all statements? You may begin now.
<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Quite true</th>
<th>Very true</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Your house is well maintained.</td>
<td>1 2 3 4</td>
<td></td>
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<tr>
<td>2</td>
<td>You generally create a pleasant environment for the children.</td>
<td>1 2 3 4</td>
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<tr>
<td>3</td>
<td>Your family has regular contact with other local residents.</td>
<td>1 2 3 4</td>
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<td>4</td>
<td>You had a pleasant childhood.</td>
<td>1 2 3 4</td>
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<tr>
<td>5</td>
<td>You have regular contact with the school, kindergarten/day-care centre or the child health centre.</td>
<td>1 2 3 4</td>
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<tr>
<td>6</td>
<td>You are good at identifying your children’s attention needs.</td>
<td>1 2 3 4</td>
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<tr>
<td>7</td>
<td>Your family has regular contact with relatives or friends.</td>
<td>1 2 3 4</td>
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<tr>
<td>8</td>
<td>You are good with money.</td>
<td>1 2 3 4</td>
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<td>9</td>
<td>You give your children enough freedom.</td>
<td>1 2 3 4</td>
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<td>10</td>
<td>You can call on your neighbours when you or your family need help.</td>
<td>1 2 3 4</td>
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<tr>
<td>11</td>
<td>You feel your own parents treated you well.</td>
<td>1 2 3 4</td>
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<tr>
<td>12</td>
<td>Your family usually eats at regular times.</td>
<td>1 2 3 4</td>
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<td>13</td>
<td>You reward and encourage your children.</td>
<td>1 2 3 4</td>
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<td>14</td>
<td>You ensure that your children dress weather appropriately.</td>
<td>1 2 3 4</td>
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<tr>
<td>15</td>
<td>You are well capable of raising your children.</td>
<td>1 2 3 4</td>
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<tr>
<td>16</td>
<td>You have family members or friends you can turn to with problems.</td>
<td>1 2 3 4</td>
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<tr>
<td>17</td>
<td>Your parents used to have too little time for you.</td>
<td>1 2 3 4</td>
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<tr>
<td>18</td>
<td>Your children generally go to bed at regular times.</td>
<td>1 2 3 4</td>
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<td>19</td>
<td>You have a good relationship with your children.</td>
<td>1 2 3 4</td>
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<tr>
<td>20</td>
<td>Your house is always clean and tidy.</td>
<td>1 2 3 4</td>
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<tr>
<td>21</td>
<td>You can easily adapt the rules for your children when necessary.</td>
<td>1 2 3 4</td>
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<tr>
<td>22</td>
<td>Your friends and family support you through difficult times.</td>
<td>1 2 3 4</td>
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<tr>
<td>23</td>
<td>During your childhood your parents had a good relationship with each other.</td>
<td>1 2 3 4</td>
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</tbody>
</table>

*Note: Only answer the below questions when raising the children together with a partner.*

<table>
<thead>
<tr>
<th></th>
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<th>Not true</th>
<th>Somewhat true</th>
<th>Quite true</th>
<th>Very true</th>
</tr>
</thead>
<tbody>
<tr>
<td>24</td>
<td>You feel your partner supports you in raising the children.</td>
<td>1 2 3 4</td>
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<tr>
<td>25</td>
<td>You are satisfied with your relationship.</td>
<td>1 2 3 4</td>
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<tr>
<td>26</td>
<td>You and your partner communicate well about raising the children.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>27</td>
<td>You and your partner are usually united in raising the children.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>28</td>
<td>You feel your partner appreciates you.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

YOU HAVE COMPLETED THE QUESTIONNAIRE. THANK YOU FOR YOUR COOPERATION!